

# HAMPSHIRE SCHOOL GAMES DAILY CHALLENGE



## Wk2 'Try It Tuesday': Horizontal Speed Climb

- You will need 20 objects e.g. shoes, teddies, etc.
- Place objects on the floor evenly spaced out over a distance of approximately 3 metres.
- On 'Go', walk on your hands and feet, touching each object on the way as if you're climbing a wall.
- How quickly can you complete the 'speed climb'?

Easier: 15 objects over 2.5 metre distance  
Harder: 20 objects over a 5 metre distance

