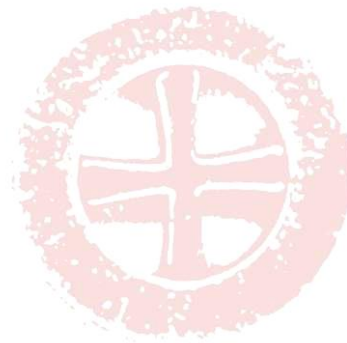


Upham Primary School

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29 June 2026

Dear Badger (Y5&6) Parents,

Re Sex and Relationship Education (SRE),

We are planning to deliver Sex and Relationships Education content to the children in Badger class, as outlined in our existing Sex and Relationship Education (SRE) Policy. This will be starting in the week beginning 6 July. Miss Leech will do this with time blocked so that this area can be properly explored and considered. This letter is to introduce what will be covered.

Planned learning for both Year 5 and Year 6, girls and boys that will be covered:

- Understanding the key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes. Describe major changes from child to teenager to adult, such as things you can do as the law changes *e.g. driving*
- Understand menstrual wellbeing including the key facts about the menstrual cycle.
- Use correct scientific terminology for internal and external male and female genitals.

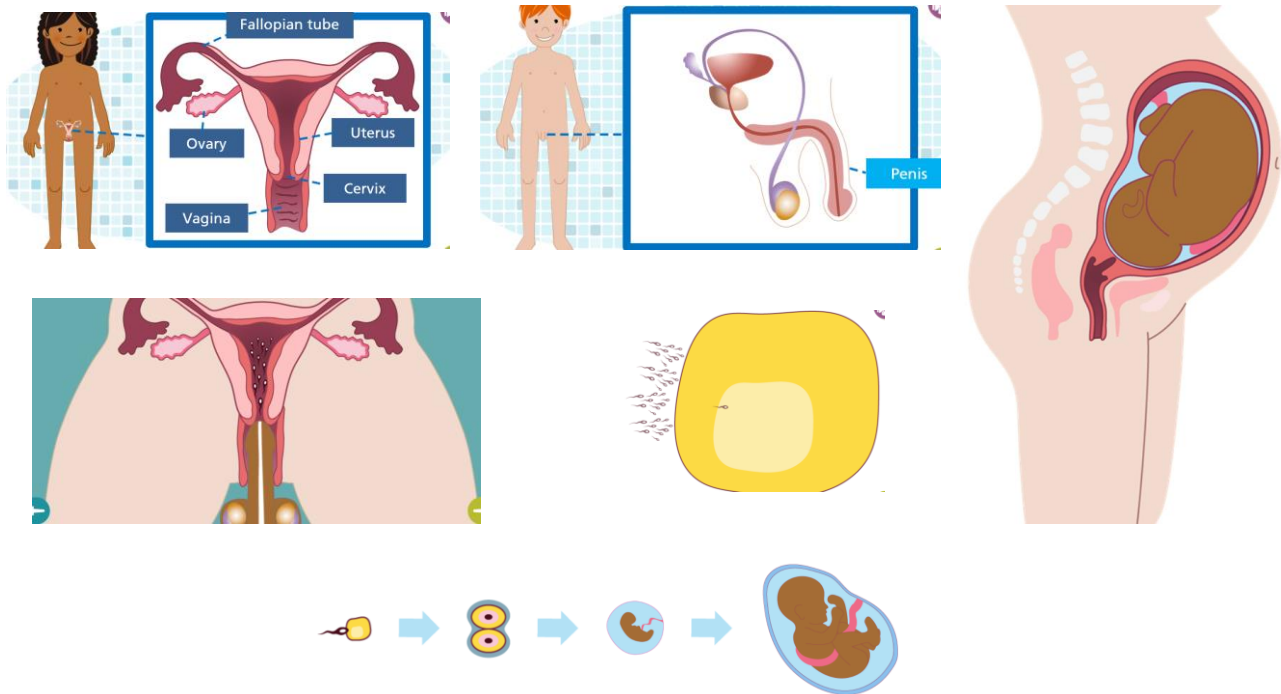
In addition, Year 6 boys and girls only will also:

- Understand that procreation occurs within a loving & committed relationship.
- Explain sexual intercourse (penetration & ejaculation) in terms of male and female body parts, essentially as a biological process.
- Understand the main stages of pregnancy – from conception, as sperm & egg join, through growth of the foetus to birth.

The children will be taught as a mixed gender class by Miss Leech so this content will be delivered as a 'normal' lesson, in a usual manner. Though girls and boys with both learn about menstruation, the girls will receive a little additional, separate guidance around the management of menstruation, such as specific guidance about the use of the disposal bin in their toilet, to ensure they are confident and comfortable.

The key aim of this work is to ensure that children understand that the changes they will encounter (either now or in the future) as part of puberty are a natural part of human development and growth that everyone experiences, are common to all and nothing to be worried about.

We will be using FPA (Family Planning Association) 'Yasmine and Tom' materials. These characters have been used throughout the year in other health and social learning so are 'familiar'. This material is a series of online interactive resources designed to be used with the interactive whiteboard in class. These are animated and will be described and discussed by Miss Leech. I include a few screenshots below so that you can get a sense of how visual information is presented:



If you would like to view the materials in more depth, please speak to myself and we can arrange a time for you to visit school to view.

When aspects are discussed, it will be made very clear that they need to know about this learning because they are getting older but that younger children are not yet ready, so information should not be shared beyond the class with other children or siblings. We would however, encourage you to discuss with your child how they found things and perhaps continue the discussion at home.

If, for any reason, you are concerned about any aspects of this learning, feel you do not wish your child to take part in the SRE component of the learning, would like to view the materials used or would like further information, please contact the school to speak to me.

Please also note that the separate Policy review for Sex and Relationships Education which I have already written to parents about is entirely distinct from this, for current Year 5 and 6, nothing has changed.

Yours sincerely

D. Woolley

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